

# Asuhan Keperawatan dengan Penerapan Terapi Spiritual Terjadwal Pada Pasien Risiko Perilaku Kekerasan di Rumah Sakit dr. H. Marzoeki Mahdi Bogor = Nursing Care with the Implementation of Scheduled Spiritual Therapy on Patients at Risk for Violent Behavior at dr. H. Marzoeki Mahdi Hospital Bogor

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## Abstrak

Skizofrenia merupakan salah satu jenis gangguan jiwa yang paling umum. Salah satu gejala positif skizofrenia yaitu perubahan perilaku yang berlebihan dimana mencerminkan kelebihan atau distorsi fungsi normal, seperti tiba-tiba marah, berteriak, hingga melakukan perilaku kekerasan. Terapi spiritual dikatakan mampu menurunkan tanda dan gejala risiko perilaku kekerasan. Penulisan KIAN ini bertujuan untuk menganalisis asuhan keperawatan dengan penerapan terapi spiritual terjadwal pada Tn. Y dengan masalah utama risiko perilaku kekerasan. Implementasi keperawatan selama 10 hari dilakukan tindakan asuhan keperawatan generalis dan pendekatan terapi spiritual. Evaluasi menggunakan instrumen assesment tanda dan gejala risiko perilaku kekerasan. Hasil yang didapatkan adalah terjadi penurunan tanda dan gejala risiko perilaku kekerasan pada aspek kognitif, afektif, fisiologis, perilaku dan sosial ditandai dengan skor 24 menjadi 3 diakhir intervensi. Hasil analisa kasus ini merekomendasikan pelaksanaan tindakan keperawatan generalis dengan pendekatan terapi spiritual. Rencana tindak lanjut pelayanan keperawatan diharapkan adanya pelatihan dan peningkatan pemberian intervensi spiritual dalam perawatan pasien agar dapat juga memenuhi kebutuhan spiritual pasien. Setiap perawat diberi pelatihan untuk menjalankan standar perawatan (SP) berbasis spiritual yang telah disusun terlebih dahulu. Kata kunci : risiko perilaku kekerasan, skizofrenia, terapi spiritual

.....Schizophrenia is one of the most common types of mental disorders. One of the positive symptoms of schizophrenia is excessive behavior changes which reflect excess or distortion of normal functions, such as suddenly getting angry, screaming, to violence. Spiritual therapy is said to be able to reduce signs and symptoms of violent behavior. The purpose of writing this KIAN is to analyze nursing care with the application of scheduled spiritual therapy to Mr. Y with the main problem of risk of violent behavior. Implementation For 10 days, generalist nursing care and spiritual healing approaches were carried out. Evaluation of the use of instruments to assess signs and symptoms of violent behavior. The results obtained were a decrease in signs and symptoms of violent behavior in the cognitive, affective, physiological, behavioral and social aspects marked by a score of 24 to 3 interventions at the end. The results of this case analysis recommend generalist corrective actions with a spiritual healing approach. The follow-up service plan is expected to provide training and increase the provision of spiritual interventions in patient care so that they can also meet the spiritual needs of patients. Each nurse is given training to carry out the spiritual-based standard of care (SP) that has been prepared in advance. Keywords : schizophrenia, spiritual therapy, violence risk behaviour