

# Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan Sistem Neurologi dengan Kasus Utama SOL (Astrocytoma) menggunakan pendekatan Model Adaptasi Roy di RSUPN Dr. Cipto Mangunkusumo Jakarta = Practical analysis of medical surgical nursing residency in Neurological System Disorder Patients with the Main Case of SOL (Astrocytoma) Using Roy's Adaptation Model Approach in RSUPN dr. Cipto Mangunkusumo Jakarta

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## Abstrak

Analisis praktik residensi keperawatan medikal bedah merupakan karya ilmiah akhir Ners Spesialis. Bertujuan untuk memberikan gambaran secara umum proses pelaksanaan praktik residensi keperawatan medikal bedah yang dilaksanakan dalam dua semester. Analisis ini terdiri dari kasus kelolaan utama pada gangguan sistem neurologi dengan kasus astrositoma dan 30 kasus resum menggunakan pendekatan model adaptasi Roy, penerapan *evidence based nursing* (EBN) dan proyek inovasi. pada kasus kelolaan masalah masalah ketidakefektifan perfusi cerebral teratasi dan pada 30 kasus resum diagnosa terbanyak yaitu risiko jatuh dan ketidakefektifan perfusi cerebral. untuk peneraan *evidence based nursing* tentang *Tongue stretching exercises* (TSE) pada pasien stroke dengan gangguan menelan dan terbukti dapat meningkatkan gerakan lidah dalam proses menelan. Untuk proyek inovasi melakukan tatalaksana perawatan pasca stroke terkini. Banyak manfaat yang didapatkan selama proses praktik residensi diantaranya melatih berpikir kritis dalam mengelola kasus sulit, melatih keterampilan praktik, dan menerapkan intervensi berdasarkan bukti ilmiah. Diharapkan bagi bagi perawat untuk memberikan intervensi keperawatan berdasarkan bukti ilmiah dan selalu berlatih dalam berpikir kritis agar memiliki tingkat sensitifitas dalam melihat fenomena masalah pada pasien.

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Analysis of practice medical surgical nursing residency is the final scientific work of Specialist Nursing. The aim is to provide an overview of the process of implementing medical surgical nursing residency practices that got in two semesters. This analysis consists of cases of major management in neurological system disorders with astrocytoma cases and 30 cases of rums using Roy's adaptation model approach, application of evidence based nursing (EBN) and innovation projects. The case of managed cerebral perfusion problems the problem is managed and in 30 cases the most common diagnoses are the risk of falls and the ineffectiveness of cerebral perfusion. For evidence based nursing information about Tongue stretching exercises (TSE) in stroke patients with swallowing disorders and is proven to increase tongue movement in the swallowing process. Innovation projects carry out the latest post-stroke care management. Many benefits got during the residency practice process include training critical thinking in managing difficult cases, practicing practical skills, and implementing interventions based on scientific evidence. Hope is expected for nurses to provide nursing interventions based on scientific evidence and always practice critical thinking in order to have a sensitivity level in seeing the phenomenon of problems in patients.