

Kontribusi spiritualitas dan religiusitas terhadap resiliensi keluarga pada mahasiswa dengan latar belakang keluarga miskin = Spirituality and religiosity s contribution on family resilience of college students who lives in poverty

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Abstrak

[Resiliensi keluarga menjelaskan mengenai proses keluarga dalam menyelesaikan masalah dan beradaptasi sebagai satu kesatuan yang fungsional. Walsh (2003) membuat suatu model bagi resiliensi keluarga yang di dalamnya dijelaskan mengenai tiga proses kunci yang dianggap berkontribusi terdapat resiliensi keluarga : sistem kepercayaan keluarga, pola organisasi keluarga, dan proses komunikasi di dalam keluarga. Penelitian ini ingin melihat kontribusi spiritualitas dan religiusitas yang merupakan bagian dari sistem kepercayaan keluarga terhadap resiliensi keluarga pada mahasiswa dengan latar belakang keluarga miskin. Penelitian dilakukan pada 356 mahasiswa penerima beasiswa Bidikmisi. Terdapat tiga alat ukur yang digunakan dalam penelitian ini yaitu Walsh Family Resilience Questionnaire (WRFQ), Spirituality Attitude and Involvement List (SAIL) dan Religious Commitment Inventory-10 (RCI-10). Kesimpulan yang diperoleh adalah terdapat pengaruh spiritualitas dan religiusitas terhadap resiliensi keluarga. Selain itu ditemukan korelasi yang signifikan antara resiliensi keluarga dengan besar keluarga dan keutuhan orangtua. Selain itu resiliensi, spiritualitas dan religiusitas berkorelasi secara signifikan dengan keikutsertaan anggota keluarga dalam kelompok agama. Penelitian ini juga membuktikan bahwa spiritualitas memiliki kontribusi yang lebih besar dibandingkan dengan religiusitas dalam pengembangan resiliensi keluarga. Family resilience refers to coping and adaptation processes in the family as a functional unit (Walsh, 2006). There is a model of family resilience based on Walsh (2003) consist three key processes: family believe system, organizational pattern, communication processes. This research aims to know spirituality and religiosity's contribution, part of family belief system, on family resilience of college students with poor family background. Total participant are 356 college students who receive Bidikmisi scholarship. There are three scales, Walsh Family Resilience Questionnaire (WRFQ), Spirituality Attitude and Involvement List (SAIL) and Religious Commitment Inventory-10 (RCI-10). This research concludes that there is effect of spirituality and religiosity in family resilience. There is significant correlation between family resilience and family structure and marital condition. Family resilience, spirituality and religiosity also has significant correlation with family member's participation in a religious group. This research shows that spirituality has a bigger effect than religiosity in family resilience. Family resilience refers to coping and adaptation processes in the family as a functional unit (Walsh, 2006). There is a model of family resilience based on Walsh (2003) consist three key processes: family believe system, organizational pattern, communication processes. This research aims to know spirituality and religiosity's contribution, part of family belief system, on family resilience of

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