

The Doctors Book of Home Remedies II: Over 1,200 New Doctor-Tested Tips and Techniques Anyone Can Use to Heal Hundreds of Everyday Health Problems

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Abstrak

The next best thing to having a doctor in the house... From the editors of Prevention Magazine Health Books comes the most complete, practical, and easy-to-follow guide to good health ever written. Here, in one volume, nearly 700 of America's top health-care professionals offer their better doctor-tested remedies for hundreds of the most common health complaints, from angina to varicose veins, asthma to warts. these are the remedies that doctors themselves use at home and in their offices. The Doctors Book Of Home Remedies II is an indispensable resource that can save time, money, and maybe even your life by putting professional medical advice at your fingertips. No home should be without this important and invaluable book.