

Zest Weekend Home Spa

Bird, Linda, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920580075&lokasi=lokal>

Abstrak

Designed for women who value their health, looks and well-being but do not have unlimited time or resources to invest in them. The book offers four themed spas covering the body and the mind, all of which can be followed in a single weekend in the home.