

The Hamlyn Encyclopedia of Complementary Health

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920579873&lokasi=lokal>

Abstrak

This encyclopedia contains descriptions of the many therapies now available and how they can help relieve or cure different ailments. Describing over 40 major and minor therapies, it covers everything from mainstream manipulative therapies such as osteopathy and reflexology to lesser known healing therapies such as Reiki and polarity therapy. The book also contains an extensive ailment based section, outlining the various therapies which can be used alongside conventional medical treatment, and a directory of useful addresses.