

Aromatherapy for the Beauty Therapist

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Abstrak

Aromatherapy for the Beauty Therapist is the first detailed book to give professionals, student beauty therapists and aromatherapists information on how to use essential oils and aromatherapy in beauty care and beauty treatments. Covering material which is suitable for students studying for formal qualifications in this area, Aromatherpay for the Beauty Therapist is particularly relevant for Level 3 students studying NVQs and equivalent courses. Listing the skin care properties of essential oils and the beautifying effects associated with them, as well as showing how they can be used in practice, this book is full of practical advice and information on how to maximise the use of essential oils within the salon or clinic. Highly illustrated with photographs and drawings, the book also includes step-by-steps of professional facial treatments.