

The Corimme T. Netzer Ecyclopedia of Food Values

Netzer, Corinne T, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920579583&lokasi=lokal>

Abstrak

Specifically written and designed for everyday home use, this comprehensive dietary reference book is authoritative and easy to use. It gives the latest nutritional information on brand-name and generic foods, including calories, cholesterol, total fat, carbohydrates, protein, fiber, sodium, and vitamin and mineral content. Contains 40,000 listings.