

The acne prescription : the Perricone program for clear and healthy skin at every age

Perricone, Nicholas, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920579188&lokasi=lokal>

Abstrak

Describes a three-tiered approach to acne management including diet, nutritional supplements, and topical applications, offering additional advice on how to address age-related acne and treat acne scars