

## The Spiritual Dimension of Therapeutic Touch

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### Abstrak

The Spiritual Dimension of Therapeutic Touch teaches how to rebalance the body's energy through touch, visualization, and a spiritual acceptance of life's inevitable cycle. These exercises can be used both to heal physical pain and to achieve mental and spiritual peace. The authors also examine the important interconnected relationship between healer and patient. The book includes never-before-transcribed lectures by Dora Kunz, with commentary from Dolores Krieger, exploring expanded levels of consciousness as they relate to the healing process.