

The Acid Alkaline Balance Diet: An Innovative Program for Ridding Your Body of Acidic Wastes

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Abstrak

Balancing the body's acid alkaline pH factor to improve health is the hot new treatment in alternative medicine. The Acid Alkaline Balance Diet clarifies for you this cutting-edge option with an easy-to-follow food combination program and herbal therapy regime that redefines the notion of a "well-balanced diet." By balancing the body's acidity levels, this simple plan can help toward curing various medical conditions, including arthritis, hepatitis, insomnia, alcoholism, and kidney disease. With information organized by affliction, you can quickly find the help you need