

## **The Breast Book: A complete Guide to Breast Health**

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### **Abstrak**

Many women worry needlessly about their breasts, but are reluctant to assuage their fears by consulting a doctor. This may be for fear of talking to a male doctor, fear that their anxieties may seem trivial or fear of cancer and the consequences of diagnosis and treatment. The Breast Book aims to dispel these fears, giving a comprehensive up-to-date guide and providing a clear, easy to understand text with excellent diagrams, illustrations and photographs. A good index makes it easy to retrieve any information required.