

The Encyclopedia of Natural Remedies: A Comprehensive Reference Guide with the Latest Scientific Research on Herbal Medicine

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Abstrak

THE ENCYCLOPEDIA OF NATURAL REMEDIES is a comprehensive guide that combines the best of age old remedies with the latest scientific research in holistic medicine. In an easy-to-understand manner, it explains prevention, herbal remedies for over 100 ailments, the side effects of synthetic drugs, as well as cleansing diets and weight loss diets.