

The Herb Library: Ginger

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Abstrak

One of the most versatile herbs on the market, ginger's uses range from medicinal to flavorful-as a common tincture for all sorts of ailments, a beauty supplement, and a delicious component to many recipes. Now, in vivid detail with lively color illustrations, this wonderful compendium provides readers with simple recipes and remedies for using ginger in its manifold ways, along with fascinating folklore and history about the herb.