

Professional Guide to Conditions, Herbs & Supplements

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Abstrak

The Quick Access Professional Guide delivers the most clinically relevant, reliable and timely information on conventional therapies, and the use of herbs, supplements and alternative therapies for treating common conditions. This reference offers the latest scientific and laboratory evidence from the most trusted sources. All information is thoroughly researched, succinctly presented, consistently formatted and comprehensively reviewed by a panel of distinguished health professionals to ensure absolute reliability and impartiality. Quick Access Professional Guide is a convenient reference and trusted source of indispensable information on the most popular herbs and supplements. Written in layman's terms, this is an essential tool for healthcare professionals looking for a way to communicate accurate information to their patients and for consumers who need reliable information on a particular subject. The work contains integrated monographs that allow quick answers to a wide range of questions. This monograph system is comprised of the following three broad categories. 1) Condition Monographs - allow health professionals to review a standard medical model of diagnosis and treatment protocols based on a known or suspected condition, with additional information on nutritional support and the use of alternative and complementary modalities. We include what the best evidence allows as safe and productive adjuncts to conventional medical care. As a result, herbs and dietary supplements receive a relatively higher share of coverage. 2) Herb Monographs - allow the health professional to consider the best evidence to support the use of herbs in maintaining health or in treating conditions. The user may be searching for a particular herb, and use this section first, or may be looking here for more substance, having seen reference to the herb's use in a condition monograph. 3) Supplement Monographs - provide substantive and well-referenced information on the use of dietary supplements in managing health or in support of condition management. Vitamins, minerals, trace elements, micro-nutrients, and food supplements are included. A comprehensive cross reference guide allows for a quick search of category lists drawn from the ACCESS monographs. At a glance, you can review the herbs or supplements used in treating a particular condition, the contraindications of using a particular herb or supplement, and much more. All of the information in Quick Access is well researched, succinctly presented and consistently formatted. References are current and clinically significant, tracking the relevant and excluding the irrelevant. A panel of health professionals representing the intended audience of pharmacists, physicians, nurses and nurse practitioners, nutritionists, dietitians, chiropractors, herbalists, naturopathic physicians, and other health practitioners have, and will continue, to help us shape the product and review the information for appropriateness. We have built this product for you, and pledge to be responsive to your existing and future information needs. We welcome your feedback. Good reading!