

The Clear Skin Prescription: The Perricone Program to Eliminate Problem Skin

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Abstrak

From the #1 New York Times bestselling author of The Perricone Prescription comes a powerful new weapon in the fight for clear and healthy skin

Long recognized as a pioneer in reversing skin damage caused by aging, board certified dermatologist and #1 bestselling author Nicholas Perricone, M.D., now turns his scientific knowledge and experience toward acne. Although usually considered a teenage problem, in reality millions of people suffer from this inflammatory disease well into middle age.

The Acne Prescription delivers a complete program that incorporates Dr. Perricone's trademark three-tiered approach anti-inflammatory diet, targeted acne-fighting nutritional supplements, and breakthrough anti-inflammatory topical applications that will help you clear your skin in a matter of days. And, Dr. Perricone will tell you what to do to treat the pitting and scarring that often affects adult acne sufferers.

For the first time ever, common medical myths regarding the treatment of acne are dispelled as Dr. Perricone delivers a revolutionary program that guarantees success no matter your age, skin type, or gender!