

# The miracle of bio-identical hormones : how I lost my fatigue, hot flashes, ADHD, ADD, fibromyalgia, PMS, osteoporosis, weight, sexual dysfunction, anger, migraines--

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## Abstrak

The 2nd edition of Dr. Platt's highly informative and fascinating health book, The Miracle of Bio-Identical Hormones, How I Lost My fatigue, hot flashes, ADHD, ADD, fibromyalgia, PMS, osteoporosis, weight, sexual dysfunction, anger, migraines, provides many answers to common medical problems, and explains how balancing your hormones can get you feeling good again. Outstanding praise has been received for this reader-friendly book in the U.S., and internationally, for its new ideas and unique perspective for wellness