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## The Sinatra Solution: metabolic Cardiology

Sinatra, Stephen T, author

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## **Abstrak**

There's new hope for preventing and treating heart disease. If you suffer from heart disease, Dr. Stephen T. Sinatra has the solution you've been looking for: Maximize the amount of oxygen your heart extracts from your bloodstream by accelerating the rate at which your cells convert nutrients to energy. This can be achieved by following Dr. Sinatra's energy-enhancing nutritional approach. This approach focuses on the supplemental use of three amazing bioenergetic nutrients: Coenzyme Q10, L-carnitine, and D-ribose. The synergistic combination of these nutrients essentially charge up every body cell to function at optimal capacity. So, not only will you experience renewed heart health with all that energy, you'll also gain a greater sense of overall well-being.