

Hubungan antara Persepsi Dukungan Sosial dan Kesejahteraan Optimal (Flourishing) pada Mahasiswa Perantau Program Sarjana di Indonesia = The Relationship Between Perceived Social Support and Flourishing in Migrant Students in Indonesia

Amanda Fathia Humaira, author

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Abstrak

Migrant students are likely to be more vulnerable to pressure and complex challenges compared to their non-migrant peers. This condition may also influence the level of flourishing among undergraduate migrant students. This study aims to examine the relationship between perceived social support and optimal well-being among undergraduate migrant students in Indonesia. Using a non-experimental quantitative approach, data were collected from 148 undergraduate migrant students in Indonesia aged 18–23 years through an online questionnaire. Perceived social support was measured using the Multidimensional Scale of Perceived Social Support, while flourishing was measured using the PERMA-Profilier. The results of Spearman's correlation analysis indicated a positive and significant relationship between perceived social support and flourishing ($(148) = 0.613, p < .001$, one-tailed). These findings highlight the importance of perceived social support in achieving a high level of flourishing, particularly among the population of undergraduate migrant students. The results of this study can be utilized to improve the flourishing of migrant students in Indonesia.

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