

Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan sistem kardiovaskuler dengan pendekatan Teori Virginia Henderson = The Analysis of clinical residency practice of medical surgical nursing on cardiovascular disorder patient by Applying Virginia Handerson Theory

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Abstrak

Praktik Residensi Keperawatan Medikal Bedah merupakan suatu rangkaian kegiatan megister dan Spesialis Keperawatan yang dilaksanakan di tempat pelayanan Kesehatan. Praktik residensi keperawatan medikal bedah berfokus pada penerapan ilmu, riset dan teknologi keperawatan dalam memenuhi kebutuhan dasar pada pasien dewasa dengan gangguan kardiovaskuler secara komprehensif. Praktik klinik keperawatan medical bedah peminatan kardiovaskuler dilaksanakan di Rumah Sakit Jantung dan Pembuluh Darah Harapan Kita (RSJPHK) Jakarta, dengan pemberian asuhan keperawatan menggunakan pendekatan teori Virginia Henderson pada satu kasus kelolaan dengan diagnose medis Reccurent nonsustained VT, anterior RVOT origin, stable ec. idiopathic dd/ brady induced VT (short-long-short sequence) G1, hamil 7 minggu, blighted ovum anembryonic pregnancy dan 30 kasus resume. Penerapan Evidance Based Nursing (EBN) dengan menggunakan intervensi pemberian early oral hydration untuk mengurangi postoperative thirsty pada pasien bedah kardiovaskular. Residensi juga melakukan inovasi keperawatan dalam melakukan asuhan keperawatan pada pasien CHF dengan masalah intoleransi aktifitas yaitu penerapan aplikasi 6MWD berbasis web dan android sebagai test untuk mengukur kemampuan kapasitas fungsional dalam melakukan aktifitas fisik dan latihan fisik sehingga pasien dan perawat mengetahui jenis rekomendasi aktifitas fisik dan latihan fisik saat discharge planning.

.....Medical Surgical Nursing Residency Practice is a series of activities for megisters and Nursing Specialists carried out in Health care facilities. The practice of medical surgical nursing residency focuses on the application of science, research and nursing technology in meeting the basic needs of adult patients with cardiovascular disorders in a comprehensive manner. Cardiovascular medical surgical nursing clinical practice is carried out at Heart and Vascular Hospital Harapan Kita (RSJPHK) Jakarta, by providing nursing care using the Virginia Henderson theoretical approach in one managed case with a medical diagnosis of Reccurent nonsustained VT, anterior RVOT origin, stable ec. idiopathic dd/ brady induced VT (short-long-short sequence) G1, 7 weeks pregnancy,blighted ovum anembryonic pregnancy and 30 cases resumed. Evidence Based Nursing (EBN) implemented with early oral hydration to reduce postoperative thirst in cardiovascular surgery patients. The residency also made innovations in web android based, namely the 6mwd in CHF applications which can measure functional capacity in carrying out physical activities and physical exercise so that patients and nurses know the types of recommendations for physical activity and physical exercise. during discharge planning.