

## **Perbandingan Parameter Tingkat Kemampuan Fungsional Penderita Nyeri Pinggang Bawah karena Osteoartrosis Lumbal = Comparison of Functional Ability Level Parameters of Patients with Low Back Pain due to Lumbar Osteoarthritis**

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### **Abstrak**

Masalah Penelitian : Belum ada alat ukur yang menilai kemampuan fungsional penderita nyeri pinggang bawah (NPB) secara obyektif dan subyektif di IRM RSUPN CM sebagai evaluasi program rehabilitasi medik yang diberikan. Tujuan Penelitian : Menetapkan dengan jelas suatu alat ukur yang praktis ditinjau dari segi waktu dan sah. Rancangan Penelitian : Suatu uji alat ukur untuk mengetahui parameter kemampuan fungsional penderita NPB karena osteoartrosis (OA) lumbal dengan manbandingkan 2 macam metoda evaluasi yaitu : Low Back Pain Rating Scale (LBPRS) dan Main Lumbar Spine Study (MLSS) modifikasi. Subjek Penelitian : Delapan belas penderita NPB karena OA lumbal tanpa penjulit, umur 36 - 60 tahun, fase akut dan sub akut.

.....Research Problem: Beium has a measuring tool that assesses the functional ability of pain sufferers Lower waist (NPB) objectively and subjectively at IRM RSUPN CM as an evaluation of the medical rehabilitation program provided. Research Objectives: To clearly establish a measure that is practical in terms of time and sah. Research Design: A test of measuring instruments to determine the parameters of functional ability Patients with NPB due to lumbar osteoarthritis (OA) by comparing 2 types of evaluation methods, namely: Low Bock Pain Rllting Scale (LBPRS) and modified Maine Lumbar Spine Study (MLSS). Research Subject: Eighteen patients with NPB due to lumbar OA without juliut, age 36 - 60 years, acute and sub-acute phase.