

Perbandingan Parameter Tingkat Kemampuan Fungsional Penderita Nyeri Pinggang Bawah karena Osteoartrosis Lumbal = Comparison of Functional Ability Level Parameters of Patients with Low Back Pain due to Lumbar Osteoarthritis

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Abstrak

Masalah Penelitian : Belum ada alat ukur yang menilai kemampuan fungsional penderita nyeri pinggang bawah (NPB) secara obyektif dan subyektif di IRM RSUPN CM sebagai evaluasi program rehabilitasi medik yang diberikan. **Tujuan Penelitian :** Menetapkan dengan jelas suatu alat ukur yang praktis ditinjau dari segi waktu dan sahih. **Rancangan Penelitian :** Suatu uji alat ukur untuk mengetahui parameter kemampuan fungsional penderita NPB karena osteoartrosis (OA) lumbal dengan membandingkan 2 macam metoda evaluasi yaitu : Low Back Pain Rating Scale (LBPRS) dan Main Lumbar Spine Study (MLSS) modifikasi. **Subjek Penelitian :** Delapan belas penderita NPB karena OA lumbal tanpa penjulit, umur 36 - 60 tahun, fase akut dan sub akut.

.....**Research Problem:** Beium has a measuring tool that assesses the functional ability of pain sufferers Lower waist (NPB) objectively and subjectively at IRM RSUPN CM as an evaluation of the medical rehabilitation program provided. **Research Objectives:** To clearly establish a measure that is practical in terms of time and sahih. **Research Design:** A test of measuring instruments to determine the parameters of functional ability Patients with NPB due to lumbar osteoarthritis (OA) by comparing 2 types of evaluation methods, namely: Low Bock Pain Rllting Scale (LBPRS) and modified Maine Lumbar Spine Study (MLSS). **Research Subject:** Eighteen patients with NPB due to lumbar OA without juliut, age 36 - 60 years, acute and sub-acute phase.