

Kepuasan Pernikahan dan Sikap Terhadap Perselingkuhan pada Pria dan Wanita selama Pandemi Covid-19 = Marital Satisfaction and Attitude Toward Infidelity of Men and Women during the Covid-19 Pandemic

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Abstrak

Pandemi Covid-19 berdampak pada kehidupan pernikahan secara berbeda pada pria dan wanita. Penelitian ini adalah penelitian komparatif yang melihat perbedaan kepuasan pernikahan dan sikap terhadap perselingkuhan pada pria dan wanita selama Pandemi Covid-19. Pengukuran kepuasan pernikahan menggunakan Couple Satisfaction Index dan sikap terhadap perselingkuhan menggunakan Attitude Toward Infidelity Scale. Terdapat 98 partisipan pria dan 356 partisipan wanita yang diperoleh melalui convenience sampling dengan menyebarkan kuesioner online. Karakteristik partisipan dalam penelitian ini adalah pria atau wanita yang berada dalam ikatan pernikahan minimal satu tahun pernikahan dan memiliki pendidikan terakhir SMA/ sederajat. Hasil penelitian menunjukkan bahwa terdapat perbedaan kepuasan pernikahan dan sikap terhadap perselingkuhan pada pria dan wanita. Tingkat kepuasan pernikahan pada pria lebih tinggi dan sikap terhadap perselingkuhan pada pria lebih positif. Tingkat kepuasan pernikahan pada pria yang lebih tinggi menunjukkan pria lebih puas terhadap kehidupannya dibandingkan dengan wanita. Sikap terhadap perselingkuhan yang lebih positif pada pria menunjukkan pria menyetujui adanya perselingkuhan di dalam hubungan pernikahannya.

..... The Covid-19 Pandemic has impacted differently on the marriage lives of men and women. This research is a comparative research that overviews the marital satisfaction and attitude toward infidelity for men and women during this Covid-19 Pandemic. Marital satisfaction measurement was done using the Couple Satisfaction Index and the attitude towards infidelity is measured using Attitude Toward Infidelity Scale. There are 98 male participants and 356 female participants gathered through convenience sampling by distributing an online questionnaire. The characteristics of participants participating in this research are married men and women with the minimum marriage age of one year and they are graduates of High School/Equivalent. The result of this research shows that there are differences in the marital satisfaction rate and attitude towards infidelity between men and women. The marital satisfaction rate in men were higher and attitude towards infidelity were more positive. A higher level of marital satisfaction in men indicates that men are more satisfied with their married life than women. A more positive attitude towards infidelity in men shows that men approve of infidelity in their marital relationship.