

Gambaran Hubungan Saudara (Sibling Relationship) pada Remaja di DKI Jakarta = Descriptive Study of Sibling Relationship on Adolescents in DKI Jakarta

Tama Benita, author

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Abstrak

Penyimpangan perilaku pada remaja dapat disebabkan oleh adaptasi terhadap tugas tumbuh kembang remaja sehingga penting untuk mengetahui salah satu faktor yang dapat mendukung pemenuhan tugas tumbuh kembang remaja, yakni hubungan saudara. Penelitian ini bertujuan untuk mengetahui gambaran hubungan saudara pada remaja di DKI Jakarta. Penelitian kuantitatif dengan desain cross-sectional ini melibatkan 422 remaja di DKI Jakarta. Data diambil secara daring menggunakan instrumen yang Sibling Relationship Questionnaire (SRQ). Hasil penelitian menunjukkan bahwa mayoritas remaja memiliki hubungan yang didominasi oleh aspek power/status dengan, diikuti dengan aspek warmth dengan persentase sebesar 31%, sebanyak 21,3% remaja didominasi aspek conflict, dan tidak ada remaja yang hubungan dengan saudaranya didominasi aspek rivalry. Penelitian ini merekomendasikan anggota keluarga untuk berupaya meminimalisasi aspek negatif (konflik dan persaingan), serta mempertahankan dan meningkatkan aspek positif (kehangatan dan pengasuhan) dalam hubungan saudara.

.....Behavior deviation is mostly experienced by adolescents due to adaptations to the task of adolescent growth and development for it is essential to know one of the factors that can support the fulfillment of adolescent growth and development tasks, namely the quality of individual relationships with siblings. This study aims to determine how is sibling relationships among adolescents in DKI Jakarta. This quantitative study with a cross-sectional design involving 422 adolescents in DKI Jakarta. Data was collected online using an instrument namely Sibling Relationship Questionnaire (SRQ). The results showed that the majority of adolescents had a relationship that was dominated by the power/status aspect, followed by the warmth aspect with a percentage of 31%, then 21.3% of adolescents were dominated by the conflict aspect, and there is no adolescence found that had rivalry aspect that dominate their relationship with their sibling. This study recommends the family members to be able to minimize the negative aspects (conflict and rivalry), as well as maintain and improve the positive aspects (warmth and nurturance) in sibling relationships.