

Peran persepsi siswa terhadap dukungan sosial dan grit pada motivasi akademik siswa SMA yang menjalani pembelajaran jarak jauh = The effect between perceived social support and grit on academic motivation among high school students during distance learning

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Abstrak

Perubahan kegiatan belajar menjadi pembelajaran jarak jauh (PJJ) membawa berbagai perubahan yang dapat menyebabkan menurunnya semangat dan keterlibatan, yang disebabkan karena menurunnya motivasi akademik pada siswa SMA. Motivasi akademik dapat ditingkatkan dengan faktor internal, yaitu persepsi terhadap dukungan sosial dan grit. Penelitian ini ingin melihat kontribusi dari persepsi terhadap dukungan sosial dan grit secara bersama-sama pada motivasi akademik. Pengukuran motivasi akademik pada penelitian ini menggunakan Academic Motivation Scale (AMS), persepsi terhadap dukungan sosial diukur dengan menggunakan Social Provisions Scale (SPS) dan grit diukur dengan Grit Short Scale (GRIT-S). Data dalam penelitian ini didapatkan dengan menggunakan kuesioner yang disebarluaskan secara daring. Sebanyak 222 siswa SMA yang sedang menjalani PJJ dilibatkan dalam penelitian ini, dan berdasarkan analisis multiple linear regression, didapatkan hasil bahwa persepsi terhadap dukungan sosial dan grit secara bersama-sama memiliki kontribusi yang signifikan senilai 8.7% terhadap motivasi akademik ($F = 10.3$, $R = 0.087$, $\text{Adjusted } R = 0.078$, $p < 0.05$). Oleh karena itu, penting bagi pihak-pihak terkait untuk menjaga dan mengembangkan dukungan sosial dan juga grit pada siswa agar motivasi akademik dapat tetap baik walaupun dihadapkan pada kondisi PJJ.

.....The change in learning activities from face-to-face classes to distance learning brings various changes that can cause a decrease of student's enthusiasm and involvement. This changes is caused by a decrease in academic motivation in high school students. Academic motivation can be increased by internal factors, namely perceived social support and grit. This study wants to see the contribution of perceived social support and grit on academic motivation. This study use Academic Motivation Scale (AMS) for measuring academic motivation, Social Provisions Scale (SPS) for measuring perceived social support, and Grit Short Scale (GRIT-S) for measuring grit. The data in this study were obtained using a questionnaire distributed through online platform. A total of 222 high school students who were undergoing PJJ were involved in this study. Based on multiple linear regression analysis, it was found that the perceived social support and grit had a significant contribution of 8.7% to academic motivation ($F = 10.3$, $R = 0.087$, $\text{Adjusted } R = 0.078$, $p = 0.05$). Therefore, related parties need to maintain and develop social support and grit for students so that academic motivation can remain high even when faced with distance learning conditions.