

Penerapan gaya kepemimpinan Compassionate Leadership untuk mendukung emotional healing perawat pada masa Pandemi Covid-19 = Application of The Compassionate Leadership to support nurses' emotional healing during The Covid-19 Pandemic

Elfiana, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920552244&lokasi=lokal>

Abstrak

Pandemi Covid-19 telah menimbulkan beban mental kepada perawat pelaksana sehingga menyebabkan gangguan emosional. Kondisi ini membutuhkan kehadiran seorang pemimpin yang memiliki nilai-nilai compassion. Compassionate leadership dengan empat dimensi: kehadiran, memahami, empati dan membantu, merupakan gaya kepemimpinan yang dianggap paling sesuai pada masa krisis pandemi karena diharapkan dapat membantu proses emotional healing perawat. Tujuan penelitian ini untuk mengetahui hubungan antara compassionate leadership dan emotional healing perawat pelaksana pada masa krisis pandemi COVID-19 di Rumah Sakit X Wilayah DKI Jakarta. Metode penelitian menggunakan pendekatan kuantitatif, dengan desain Cross-sectional. Pengambilan sampel teknik purposive sampling dengan jumlah sampel 200 perawat pelaksana di RS X wilayah DKI Jakarta. Hasil penelitian menunjukkan hubungan yang sangat signifikan antara compassionate leadership dengan emotional healing perawat pelaksana ($p < 0,05$). Analisis multivariat dengan regresi linear berganda menunjukkan gambaran dimensi memahami (-1,017) dan membantu (+1,257) yang paling mempengaruhi emotional healing perawat. Simpulan dalam penelitian ini adalah penerapan gaya kepemimpinan compassionate leadership, memiliki hubungan yang signifikan terhadap emotional healing terutama untuk dimensi memahami dan membantu.

.....The Covid-19 pandemic has created a mental burden on the implementing nurses, causing emotional disturbances. This condition requires the presence of a leader who has compassion values. Compassionate leadership with four dimensions: presence, understanding, empathy and helping, is a leadership style that is considered most appropriate during a pandemic crisis because it is expected to help the nurse's emotional healing process. Purpose: To find out the relationship between compassionate leadership and emotional healing of nurse practitioners during the COVID-19 pandemic crisis at Hospital X DKI Jakarta Region. Methods: This research method uses a quantitative approach, with a cross-sectional design. Sampling was purposive sampling technique with a total sample of 200 nurses in X Hospital DKI Jakarta area. The results of the study showed a very significant relationship between compassionate leadership and the emotional healing of practicing nurses ($p < 0.05$). Multivariate analysis with linear regression showed that the dimensions of understanding (-1.017) and helping (+1.257) most influenced the emotional healing of nurses. The conclusion in this study is the application of compassionate leadership style, has a significant relationship between emotional healing, especially for the dimensions of understanding and helping.