

## Ayurvedic tongue diagnosis

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### Abstrak

The highly valued diagnostic technique that has been used for centuries by cultures around the world. A reliable diagnostic tool for monitoring the overall state of health. Easy to learn, effective and accurate. Determines a person's unique constitution. Detects imbalances and potential disease in the early stages. Reveals the underlying cause, stage and progression of a disease. Reflects the quality of Prana, blood, bodily fluids, and essence. Examines the expression of the Five Elements in each organ. Determines the state of physical, mental and emotional health. Mirrors the function of the organs, strength and depth of pathogenic factors. Provides immediate access to the body's pH balance, energy levels and health of the digestive system. [back cover