

Manifest : dive deeper

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Abstrak

Enhance your manifesting process with practical guidance and exercises on the 7 unique steps of manifestation Unlock your limitless potential, create lasting, transformative change, and turn your dreams into a reality. This book takes you deeper into your inner healing journey and expands your understanding of each of the unique seven steps to manifestation. Roxie Nafousi provides practical techniques to teach you how to harness your potential and confidently step into your power. Each chapter is filled with exercises that are designed to cultivate self-awareness, reflection and growth, and therefore empower and enhance your manifesting process