

Welcome home : a guide to building a home for your soul

Zebian, Najwa, author

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Abstrak

From the celebrated poet, speaker, and educator Najwa Zebian comes a powerful approach to healing focused on building a home within yourself. In her debut book in the self-development space, poet Najwa Zebian shares her revolutionary concept of home to guide readers to embrace their vulnerability, discover their self-worth, and build their own strong foundations from the ground up. In Welcome Home, Najwa shares her own personal story for the first time, powerfully weaving memoir, poetry, and deeply resonant teachings, from leaving war-torn Lebanon for Canada at sixteen, to coming of age as a young Muslim woman in Canada, to sexual harassment that left her alienated from her community, to building a new identity for herself as she learned to speak her truth