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Knockout: Interviews with Doctors Who Are Curing Cancer--And How to Prevent Getting It in the First Place

Sommers, Suzanne, author

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Abstrak

In Knockout, Suzanne Somers interviews doctors who are successfully using the most innovative cancer treatments—treatments that build up the body rather than tear it down. Somers herself has stared cancer in the face, and a decade later she has conquered her fear and has emerged confident with the path she's chosen.

Now she shares her personal choices and outlines an array of options from doctors across the country: Effective alternate treatments

- •without chemotherapy
- without radiation
- •sometimes, even without surgery

Integrative Protocols

•combining standard treatments with therapies that build up the immune system

Methods for managing cancer

•outlining ways to truly live with the diease

Since prevention is the best course, Somers' experts provide nutrition, lifestyle, and dietary supplementation options to help protect you from getting the disease in the first place. Whichever path you choose, Knockout is a must-have resource to navigate the life-and-death world of cancer and increase your odds of survival. After reading stunning testimonials from inspirational survivors using alternative treatments, you'll be left with a feeling of empowerment and something every person who is touched by this disease needs…hope.