

Penerapan Konsep Penuaan Aktif di Jepang melalui Pemberdayaan Lansia oleh Silver Human Resources Center = Implementation of Active Aging Concept in Japan through Elderly Empowerment by Silver Human Resources Center

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Abstrak

Penelitian ini bertujuan untuk meneliti penerapan konsep penuaan aktif di Jepang melalui pemberdayaan lansia yang dilakukan oleh Silver Human Resources Center (SHRC). Penelitian ini menggunakan konsep tiga pilar utama (partisipasi, kesehatan, keamanan) dari teori penuaan aktif sebagai kerangka teori dan metode deskriptif kualitatif. Hasil penelitian menunjukkan bahwa SHRC menerapkan konsep tiga pilar utama dalam usaha pemberdayaan lansia di Jepang. SHRC memfasilitasi partisipasi lansia dalam berbagai kegiatan produktif seperti pekerjaan paruh waktu dan kegiatan sukarela. Selain itu, SHRC memberikan perhatian besar pada kesehatan fisik dan mental lansia melalui program-program yang disediakan. Terakhir, SHRC memastikan keamanan ekonomi, sosial, dan fisik bagi lansia melalui penawaran pekerjaan untuk pendapatan tambahan, pelatihan keterampilan, serta lingkungan kerja yang inklusif. Penelitian ini menyimpulkan bahwa SHRC menunjukkan penerapan konsep penuaan aktif dalam usaha pemberdayaan mereka terhadap lansia di Jepang.

.....This research aims to examine the implementation of the active aging concept in Japan through the empowerment of the elderly conducted by the Silver Human Resources Center (SHRC). The study uses the three main pillars of the active aging theory (participation, health, security) as the theoretical framework and employs a descriptive qualitative method. The findings show that SHRC applies the three main pillars of the active aging concept in its efforts to empower the elderly in Japan. SHRC facilitates the participation of the elderly in various productive activities such as part-time jobs and volunteer work. Additionally, SHRC pays significant attention to the physical and mental health of the elderly through its provided programs. Lastly, SHRC ensures the economic, social, and physical security of the elderly through the provision of jobs for additional income, skills training, and an inclusive work environment. This study concludes that SHRC demonstrates the implementation of the active aging concept in its efforts to empower the elderly in Japan.