

Penerapan Assertiveness Training (AT) Dan Terapi Suportif Pada Klien Dengan Risiko Perilaku Kekerasan Menggunakan Pendekatan Teori Pencapaian Tujuan Imogene M. King = Application of Assertiveness Training (AT) and Supportive Therapy for Clients at Risk of Violent Behavior Using Imogene M. King's Goal Attainment Theory Approach

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Abstrak

Pendahuluan : Gangguan jiwa merupakan kondisi yang dapat didiagnosis secara klinis yang memiliki pengaruh signifikan pada proses berpikir dan perilaku seseorang. Risiko perilaku kekerasan muncul karena adanya respon terhadap sesuatu yang dapat menyebabkan individu berbuat sesuatu pada diri sendiri, orang lain, dan lingkungan yang dapat mencederai orang lain secara verbal, fisik, dan psikologis. Tindakan keperawatan jiwa spesialis yang dapat diberikan untuk klien risiko perilaku kekerasan diantaranya adalah assertiveness Training dan terapi suportif Tujuan : Memberikan gambaran hasil penerapan assertiveness training dan terapi suportif pada klien risiko perilaku kekerasan menggunakan pendekatan teori pencapaian tujuan Imogen M. King. Hasil : Terdapat penurunan tanda gejala risiko perilaku kekerasandan peningkatan kemampuan klien risiko perilaku kekerasan setelah diberikan assertiveness training dan terapi suportif.

Kesimpulan : assertiveness training dan terapi suportif dengan pendekatan teori pencapaian tujuan Imogen M. King. direkomendasikan untuk diberikan pada klien dengan risiko perilaku kekerasan yang menjalani perawatan di rumah sakit jiwa.

.....Introduction: Mental health is an integral component of health and well-being that Introduction: Mental disorders are conditions that can be diagnosed clinically that have a significant influence on a person's thought processes and behavior. The risk of violent behavior arises because of a response to something that can cause an individual to do something to themselves, others and the environment that can injure others verbally, physically and psychologically. Specialist psychiatric nursing actions that can be given to clients at risk of violent behavior include assertiveness training and supportive therapy. Objective: To provide an overview of the results of applying assertiveness training and supportive therapy to clients at risk of violent behavior using Imogen M. King's goal achievement theory approach. Results: There was a decrease in signs of risk of violent behavior and an increase in the ability of clients at risk of violent behavior after being given assertiveness training and supportive therapy. Conclusion: assertiveness training and supportive therapy using Imogen M. King's goal achievement theory approach. recommended to be given to clients at risk of violent behavior who are undergoing treatment in mental hospitals.