

Penerapan Baby Liberation Bundles Care pada Bayi di Ruang Perawatan Intensif Anak Menggunakan Pendekatan Teori Henderson = Implementation of Baby Liberation Bundles Care for Babies in the Pediatric Intensive Care Unit Using Henderson's Theory Approach

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Abstrak

Bayi yang dirawat di unit perawatan intensif sangat mudah terpengaruh oleh lingkungan yang asing dan gangguan terhadap rutinitas harian normal mereka. Bahkan setelah tidak dirawatpun bayi-bayi ini akan menghadapi tantangan baru selama berbulan-bulan bahkan bertahun-tahun setelahnya. Baby liberation merupakan hasil adaptasi dari PICU liberation dan telah diidentifikasi sebagai strategi utama untuk mengurangi morbiditas dan meningkatkan hasil jangka panjang bagi para penyintas PICU. Teori Henderson bersifat fundamental memenuhi 14 kebutuhan dasar individu yang holistik dan komprehensif, teori ini sudah banyak dipakai di berbagai populasi individu namun belum pada ruang perawatan intensif anak. Tujuan penulisan karya ilmiah ini untuk memberikan gambaran aplikasi teori kebutuhan Henderson dalam asuhan keperawatan pada bayi sakit kritis sekaligus melihat efektivitas penerapan Baby Liberation Bundles Care untuk mendukung status fungsional bayi sakit kritis di ruang perawatan intensif anak. Terdapat lima kasus bayi yang mengalami masalah pada pemenuhan kebutuhan dasar dan diberikan asuhan keperawatan melalui pendekatan teori kebutuhan Henderson. Aplikasi teori kebutuhan Henderson cocok digunakan di PICU karena teori ini bersifat holistik dan komprehensif yang terdiri dari sembilan kebutuhan dasar fungsional tubuh dan lima kebutuhan dasar kenyamanan meliputi psikologis, sosial dan spiritual. Penerapan Baby Liberation Bundles Care efektif untuk mendukung status fungsional bayi sakit kritis dan diharapkan intervensi ini dapat diaplikasikan oleh perawat ruangan.

.....Babies treated in intensive care units are easily affected by unfamiliar environments and disruptions to their daily normal routines. Even after not being cared for, these babies will face new challenges for months or even years afterward. Baby liberation is an adaptation of PICU liberation and has been identified as a key strategy to reduce morbidity and improve long-term outcomes for PICU survivors. Henderson's theory is fundamental in fulfilling 14 basic individual needs in a holistic and comprehensive manner, this theory has been widely used in various individual populations but not in pediatric intensive care unit yet. The purpose of writing this scientific work is to provide an overview of the application of Henderson's theory of needs in the care of critically ill babies and see the effectiveness of implementing Baby Liberation Bundles Care to support the functional status of critically ill babies in the Pediatric Intensive Care Unit. There were five cases of babies who experienced problems in providing basic needs and were given nursing care using Henderson's needs theory approach. The application of Henderson's needs theory is suitable for use in the PICU because this theory is holistic and comprehensive, consisting of nine basic functional body needs and five basic comfort needs including psychological, social and spiritual. The implementation of Baby Liberation Bundles Care is effective in supporting the functional status of critical babies and it is hoped that this intervention can be implemented by nursing staff.