

Peran Efikasi Diri Sebagai Mediator Hubungan Antara Persepsi Dukungan Sosial dan Adaptabilitas Karier Pada Mahasiswa Tingkat Akhir = The Role of Self-Efficacy As A Mediator Of The Relationship Between Perceived Social Support And Career Adaptability On Final Year Students

Dhea Ayu Kakata, author

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Abstrak

Tuntutan di dunia kerja yang terus berubah mengikuti perkembangan zaman menjadi tantangan bagi mahasiswa tingkat akhir untuk mempersiapkan diri dalam kariernya sehingga mereka perlu memiliki adaptabilitas karier. Adaptabilitas karier dapat ditingkatkan dengan persepsi dukungan sosial. Hubungan keduanya dapat dijelaskan melalui hubungan mediasi oleh variabel efikasi diri. Penelitian ini bertujuan untuk mengetahui peran efikasi diri dapat menjadi mediator hubungan persepsi dukungan sosial dan adaptabilitas karier. Partisipan merupakan mahasiswa tingkat akhir (N = 218) yang berusia 18-25 tahun yang pernah melakukan magang. Hasil penelitian menemukan efikasi diri secara parsial memediasi hubungan persepsi dukungan sosial dan adaptabilitas karier.

.....Changing demands in a rapidly growing working field era has become a challenge for final year students to pursue their career goals. High career adaptability is needed to attain success during the transition to work life. One of the factors to enhance career adaptability is perceived social support. Their relationship can further be explained by self-efficacy. The purpose of this research is to identify self-efficacy as a mediator between perceived social support and career adaptability. Participants were final year students (N = 218) from age 18 - 25 who had done internships. The result was self-efficacy could partially mediate the relationship between perceived social support and career adaptability.