

Kontribusi Resiliensi dan Dukungan Sosial terhadap Grief pada Emerging Adulthood yang Mengalami Kematian Orang Tua = The Contribution between Resilience and Social Support toward Grief among Emerging Adulthood who Suffered Parental Loss

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Abstrak

Menghadapi grief akibat kehilangan orang tua pada masa emerging adulthood atau masa ketidakstabilan merupakan pengalaman yang menantang. Penelitian ini bertujuan mengetahui kontribusi resiliensi dan dukungan sosial terhadap grief pada emerging adulthood yang mengalami kematian orang tua. Sebanyak 123 partisipan dengan rentang usia 18 - 25 tahun terlibat dalam penelitian ini. Grief diukur menggunakan Texas Revised Inventory of Grief - Present, resiliensi diukur menggunakan Connor Davidson Resilience Scale 10, dan dukungan sosial diukur menggunakan Multidimensional Scale of Perceived Social Support. Berdasarkan analisis regresi berganda, ditemukan bahwa resiliensi dan dukungan sosial secara bersamaan berkontribusi terhadap grief secara signifikan ($R^2 = .107$, $p < 0.05$).

.....Dealing with grief due to the loss of a parent during emerging adulthood or a period of instability is a challenging experience. This study aims to determine the contribution of resilience and social support to grief in emerging adults who experience parental death. A total of 123 participants with an age range of 18-25 years were involved in this study. Grief was measured using the Texas Revised Inventory of Grief - Present, resilience was measured using the Connor Davidson Resilience Scale 10, and social support was measured using the Multidimensional Scale of Perceived Social Support. Based on multiple regression analysis, it was found that resilience and social support significantly and simultaneously contributed to grief ($R^2 = .107$, $p < 0.05$).