

Hubungan Komunikasi Orang Tua Bekerja dan Gangguan Tingkah Laku pada Self-Care Adolescents = Relationship between Working Parents Communication and Conduct Problems in Self-Care Adolescents

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Abstrak

Gangguan tingkah laku merupakan masalah mental dan perilaku yang umum diketahui sebagai kenakalan pada remaja. Risikonya meningkat pada remaja yang mengurus diri sendiri (self-care adolescents). Walaupun situasi tersebut juga merupakan adaptasi bagi orang tua bekerja dan perkembangan autonomi remaja, penurunan pengawasan orang tua memicu peningkatan risiko masalah ini. Penelitian dilakukan pada 154 remaja usia 11-17 tahun yang kedua orang tuanya bekerja untuk mengetahui hubungan komunikasi orang tua bekerja dan gangguan tingkah laku pada self-care adolescents. Desain penelitian cross-sectional menggunakan instrumen Parent-Adolescents Communication Scale dan Strength and Difficulties Questionnaire. Analisis korelasi Pearson menunjukkan komunikasi orang tua-remaja berhubungan signifikan negatif dengan gangguan tingkah laku pada self-care adolescents ($p < 0,05$). Penelitian ini merekomendasikan perawat dan orang tua untuk bekerja sama menyusun program sepulang sekolah dalam pencegahan gangguan tingkah laku pada remaja.

.....Conduct disorder is a mental and behavioral problem often perceived as delinquency in adolescents. Adolescents who practice self-care are vulnerable to this problem. Although this could be an adaptation option for dual-earner families and the adolescent's development of autonomy, less parental supervision raises the risk of this issue. This study was conducted on 154 adolescents aged 11-17 years whose parents both work to find the relationship between working parents' communication and conduct problems in self-care adolescents. The cross-sectional research design used the Parent-Adolescent Communication Scale and the Strengths and Difficulties Questionnaire. Pearson correlation analysis showed that parent-adolescent communication is significantly and negatively associated with conduct problems in self-care adolescents ($p < 0.05$). This study recommends that nurses and parents collaborate to arrange an after-school program to prevent the conduct problems in adolescents.