

# Praktik Kerja di Apotek Kimia Farma 0254 Pos Pengumben Periode 3 April - 29 April 2023, Gambaran Kepatuhan Pengobatan Pasien Hipertensi Program Rujuk Balik di Apotek Kimia Farma 0254 Pos Pengumben Periode Maret-April 2023 = Internship at Apotek Kimia Farma 0254 Pos Pengumben, 3rd April - 29 April 2023, Review of Medication Compliance of Hypertention Patient in Refer Back Program at Apotek Kimia Farma 0254 Pos Pengumben for the Period of March-April 2023

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## Abstrak

Penyakit Tidak Menular (PTM), seperti hipertensi, merupakan masalah kesehatan masyarakat yang signifikan di Indonesia. Program Rujuk Balik (PRB) merupakan program BPJS Kesehatan yang bertujuan untuk menjamin pasokan obat bagi pasien dengan penyakit kronis, termasuk hipertensi. Namun, pelaksanaan PRB seringkali tidak sesuai dengan harapan karena kurangnya responsivitas pasien terhadap program ini (Noverdita, 2017). Penelitian ini dilakukan di Apotek Kimia Farma 0254 Pos Pengumben dengan menggunakan metode pengumpulan data secara retrospektif terhadap pasien hipertensi yang mengikuti PRB dari Maret 2023 hingga April 2023. Hasil penelitian menunjukkan bahwa dari total 689 pasien hipertensi yang mengambil obat selama periode Maret-April 2023, sebanyak 397 pasien atau 57,62% patuh dalam mengikuti pengobatan, 179 pasien atau 25,98% tidak patuh, dan 113 pasien atau 16,40% merupakan pasien baru.

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Non-communicable diseases (NCDs), such as hypertension, are significant public health issues in Indonesia. The Referral Back Program (RBP) is a program by BPJS Health aimed at ensuring medication supply for patients with chronic diseases, including hypertension. However, the implementation of RBP often does not meet expectations due to patients' lack of responsiveness to this program (Noverdita, 2017). This research was conducted at Kimia Farma Pharmacy 0254 Pengumben Branch using a retrospective data collection method on hypertensive patients participating in the RBP from March 2023 to April 2023. The results showed that out of a total of 689 hypertensive patients who took medication during the March-April 2023 period, 397 patients or 57.62% were compliant with their medication, 179 patients or 25.98% were non-compliant, and 113 patients or 16.40% were new patients.