

## The Gooms scale: a measure of assertiveness in share housing = Skala Gooms: alat Ukur keasertifan dalam ngekos

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### Abstrak

Dalam penelitian ini, sebuah alat ukur keasertifan dibuat untuk digunakan dalam konteks khusus yaitu dalam rumah kos. Alat ukur ini diadaptasi dari the Rathus Assertiveness Scale (McCormick, 1984), dan diuji kepada 142 mahasiswa psikologi di University of Queensland. Analisis statistik menunjukkan bahwa alat ukur ini memiliki reliabilitas yang cukup baik ( $= .64$ ). Kalkulasi Indeks Diskriminasi Item mengungkap bahwa pada umumnya, item-item dalam skala ini tidak terlalu tinggi angka indeksinya, namun kebanyakan item cukup baik angka indeksinya. Validitas dari alat ukur ini hanya terbukti sebagian, karena subskala Extraversion dari Eysenck Personality Questionnaire, sebagai salah satu dari skala validasi, tidak menunjukkan korelasi yang signifikan dengan skala GOOMS ini. Walaupun begitu, Rathus Assertiveness Scale dan Liebowitz Social Anxiety Scale dua-duanya berkorelasi secara positif dengan skala GOOMS. Secara keseluruhan, skala ini menunjukkan reliabilitas dan validitas yang cukup menjanjikan, dan dapat berguna dalam konteks dimana keasertifan sangat diperlukan.

.....In this study, a scale of Assertiveness in share-housing was created. The scale was adapted from the Rathus Assertiveness Scale (McCormick, 1984), and was tested on 142 Psychology students at the University of Queensland. Statistical analyses revealed that the scale had an acceptable level of reliability ( $= .64$ ). Calculations of Item Discrimination Indices also revealed that on average, items were not very high in terms of their indices, but most obtained sufficient figures. The validity of this scale was also only partially established, as the Extraversion subscale of the Eysenck Personality Questionnaire, as one of the three validating scales, did not show significant correlation with the GOOMS scale. However, the Rathus Assertiveness Scale and the Liebowitz Social Anxiety Scale were significantly positively correlated with GOOMS. Overall, this scale showed promising direction towards good reliability and validity, and could be useful for certain contexts where assertiveness might be socially required in a community.