

# Analisis Risiko Musculoskeletal Symptom (MSS) Pada Perawat Triage Instalasi Gawat Darurat (IGD) Rumah Sakit Umum Daerah (RSUD) Kota Bogor = Analysis of Musculoskeletal Symptom (MSS) Risk Nurses in Triage Emergency Installation (IGD) Regional Public Hospital (RSUD) of Bogor

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## Abstrak

Skripsi ini membahas mengenai Musculoskeletal Symptoms (MSS) Perawat Triage Instalasi Gawat Darurat (IGD) red zone, yellow zone, dan green zone. Penelitian ini menggunakan pendekatan cross sectional, dengan metode penelitian deskriptif analitik dengan melakukan pengambilan data secara langsung kepada Perawat Triage Instalasi Gawat Darurat (IGD) red zone, yellow zone, dan green zone dengan melakukan penilaian postur tubuh menggunakan isian REBA dan untuk mengetahui Muskoloskeletal Symptom (MSS) menggunakan kuisisioner Nordic Body Map (NPM). Berdasarkan hasil penelitian perawat green zone dengan postur tubuh yang memiliki risiko paling tinggi yaitu memasang infus pasien yang sedang duduk, perawat yellow zone pada aktifitas pemindahan pasien, dan Perawat red zone pada aktifitas pemindahan pasien. Penelitian kuisisioner Nordic Body Map (NBM) menunjukkan bahwa 25 perawat (100%) yang bekerja di Instalasi Gawat Darurat semuanya mengalami keluhan pada sistem muskuloskeletal. Keluhan yang terjadi dalam 1 bulan terakhir rata-rata paling tinggi yaitu keluhan pada bagian tubuh pinggang, punggung, leher atas.

.....This thesis discusses the Nurse Triage Musculoskeletal Symptoms (MSS) Emergency Installation (IGD) red zone, yellow zone, and green zone. This study uses a cross sectional approach, with descriptive analytical research methods by conducting data collection directly to the Triage Nurse Emergency Installation (IGD) red zone, yellow zone, and green zone by evaluating posture using REBA fields and to know Muskoloskeletal Symptom (MSS) using the Nordic Body Map (NPM) questionnaire. Based on the results of the study nurses green zone with body posture which has the highest risk, namely installing infusions of patients who are sitting, yellow zone nurses on the activity of transferring patients, and the nurse's red zone on patient transfer activities. The Nordic Body Map (NBM) questionnaire study showed that 25 nurses (100%) who worked in Emergency Services all experienced complaints to the musculoskeletal system. Complaints that occur in the last 1 month have the highest average, namely complaints on the body parts of the waist, back, upper neck.