

Stres & Dukungan Suami pada Ibu Hamil Di Masa Pandemi COVID-19 = Stress & Husband's Supports to Expectant Mother in COVID-19 Pandemi

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Abstrak

COVID-19 menimbulkan perasaan stres dan khawatir pada suami. Dukungan seorang suami sangat penting dalam perkembangan keluarga. Tujuan penelitian ini mengidentifikasi stres dan dukungan suami terhadap ibu hamil saat pandemik COVID-19, dan melihat pengaruh karakteristik responden pada stres, dan dukungan suami. Desain penelitian ini deskripsi eksplorasi. Sampel data yang diambil 106 suami dengan ibu hamil dengan metode convenience sampling. Instrumen penelitian COVID-19 Stress Scale, dan kuesioner dukungan suami. Hasil penelitian stres suami tidak stres dan dukungan suami cukup. Stres dan dukungan suami penting dikaji bagi ibu hamil di masa pandemi. Dukungan suami, stres suami perlu diteliti lebih lanjut dengan kepuasan hubungan.

.....COVID-19 make husbands stress and worried. Husband's supports are greater for development of family. Purposes of research are identified stress and husband's supports to expectant mother in COVID-19 Pandemi, and discern clout of responden characteristics to stress and husband's supports. This study used explolatory description. The sampels of this study were 106 husbands with expectant mother with convenience sampling method. The instruments were COVID-19 Stress Scale and husband support questionnaire. Result of study was husband's stress is absent and husband's supports are sufficient. Stress and husband's supports are important to discusse for expectant mother during pandemi. Husband's supports, and husband's stress are need futher study with relationship satisfaction.