

Analisis praktik residensi keperawatan medikal bedah pada pasien penumotoraks spontan bekas TB dengan pendekatan teori model adaptasi Calista Roy di RSUP Persahabatan Jakarta = Analysis of medical surgical nursing practices in patients with used TB pneumothorax based on Calista Roy Theory at RSUP Persahabatan, Jakarta

Nila Fitri, author

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Abstrak

Residensi spesialis keperawatan medikal bedah kekhususan respiration melakukan proses pembelajaran dan manajemen asuhan keperawatan dilakukan dengan pendekatan proses keperawatan berdasarkan bukti-bukti ilmiah pada masalah kesehatan yang lazim terjadi pada usia dewasa baik yang bersifat akut dan kronik dengan penanganan konservatif maupun tindakan pembedahan dengan tetap berorientasi kepada upaya preventif, kuratif, dan rehabilitatif melalui tindakan keperawatan mandiri maupun kolaboratif. pemberi asuhan keperawatan dengan mengelola kasus pasien medikal bedah dan khususnya kasus pasien respiration. Penerapan asuhan keperawatan menggunakan pendekatan teori model keperawatan model konseptual adaptasi yang dikembangkan oleh sister kalista roy. Calista roy mengembangkan konsep adaptasi dengan menggambarkan tingkat adaptasi sebagai kondisi proses kehidupan yang dapat berubah secara terus menerus dibangun dari stimulus fokal, kontekstual dan residual. Kasus bekas tuberkulosis mengalami berbagai gejala sisa dan komplikasi dapat terjadi pada paru dan bagian ekstrapulmonal dari thorax pada pasien yang dirawat atau tidak diobati. Diperkirakan 58 juta orang selamat dari tuberkulosis sejak tahun 2000, namun banyak dari mereka akan menderita post tuberculosis lung disease (PTLD). Latihan napas yang diberikan kepada pasien salah satunya dengan mindful breathing, Latihan napas ini dilakukan pasien dengan bimbingan perawat dan focus terhadap pernapasannya sehingga menimbulkan perasaan tenang dan dampak dapat menghanguskan sesak napas yang dirasakan. Inovasi keperawatan dengan mengembangkan video edukasi monitoring dan perawatan di rumah pasien terpasang WSD sebagai media self-management bagi perawat ruang rawat dan pasien yang terpasang WSD.

.....Medical surgical nursing specialist residency specializing in respiration conducts a learning process and nursing care management is carried out with a nursing process approach based on scientific evidence on health problems that commonly occur in adults both acute and chronic in nature with conservative management and surgical procedures while remaining oriented towards efforts preventive, curative, and rehabilitative through independent and collaborative nursing actions. nursing care providers by managing medical surgical patient cases and especially respiratory patient cases. The application of nursing care uses a theoretical approach to the nursing model conceptual adaptation model developed by sister Kalista Roy. Calista Roy developed the concept of adaptation by describing the level of adaptation as a condition of a life process that can change continuously and is built from focal, contextual and residual stimuli. Cases of former tuberculosis have a variety of sequelae and complications can occur in the lungs and extrapulmonary parts of the thorax in treated or untreated patients. An estimated 58 million people have survived tuberculosis since 2000, but many of them will develop post- tuberculous lung disease (PTLD). One of the breathing exercises given to patients is mindful breathing. This breathing exercise is carried out by the

patient under the guidance of a nurse and focuses on his breathing so that it creates a feeling of calm and the impact can relieve the shortness of breath that is felt. Nursing innovation by developing educational videos for monitoring and caring for patients with WSD installed as a self-management medium for ward nurses and patients with WSD installed.