

Menelusuri Perjalanan Integrasi: Studi Kualitatif Konflik antara Identitas Gender/Seksualitas dengan Religiositas pada Individu LGBTQ Di Indonesia = Tracing the Journey of Integration: A Qualitative Study of Gender/Sexuality Identity and Religiosity Conflict among LGBTQ People in Indonesia

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Abstrak

Perspektif agama arus utama yang menentang homoseksualitas dan ekspresi lintas gender, menimbulkan dilema bagi individu LGBTQ, terutama bagi mereka yang tumbuh dengan afiliasi agama tertentu. Hal ini kemudian dapat menimbulkan konflik antara identitas gender/seksualitas dengan religiositas dalam diri mereka. Penelitian ini bertujuan untuk mengeksplorasi bagaimana individu memandang dan menghadapi konflik antara status religiositasnya terhadap identitas gender dan seksualitasnya dari waktu ke waktu. Peneliti menggunakan metode kualitatif, khususnya pendekatan grounded theory, yang memungkinkan peneliti untuk berfokus pada proses pembentukan atau pengembangan teori. Partisipan berjumlah enam orang dengan teknik pengambilan sampel secara purposive dan snowball, dengan kriteria: 1) merupakan bagian dari LGBTQ; 2) pernah atau sedang menganut agama tertentu, dan; 3) berusia setidaknya di atas delapan belas tahun. Pengambilan data dilakukan melalui wawancara semistruktur, kemudian dianalisis menggunakan metode thematic analysis. Peneliti kemudian menyusun "Model Integrasi dengan Konflik antara Identitas Gender/Seksualitas dengan Religiositas" yang dikembangkan dari Model Pembentukan Identitas Gender oleh Cass (1978). Model ini terdiri dari tahap Nonconform, Questioning, Conflict, Exploration, Self-Identify, Compromise, Self-Integration, dan Spiritual Integration. Selain itu, peneliti mengamati bagaimana penilaian kognitif dan keterikatan kepada agama sebagai komunitas dapat berperan menyelesaikan adanya konflik antara identitas gender/seksualitas dengan religiositas.

.....The mainstream religious perspective that opposes homosexuality and cross-gender expression creates a dilemma for LGBTQ individuals, especially those who grew up with a specific religious affiliation. This can result in internal conflict between gender and religiosity. The present study aims to explore how individuals perceive and cope with the conflict between their religious status and gender and sexual identity over time. The researcher used qualitative methods, specifically the grounded theory approach, which allowed for a focus on the process of theory formation and development. Six participants were selected using purposive and snowball sampling criteria: 1) they identified as part of the LGBTQ community; 2) they had practiced or were currently practicing a particular religion, and; 3) they were at least eighteen years old. Data was collected through semi-structured interviews and analyzed using thematic analysis. The researcher developed an "Integration Model with Gender- Religiosity Conflict" derived from Cass's (1978) Gender Identity Formation Model. This model consists of the following stages: Nonconform, Questioning, Conflict, Exploration, Self-Identify, Compromise, Self-Integration, and Spiritual Integration. Additionally, the researcher observed how cognitive appraisal and attachment to religion as a community can play a role in preventing gender-religiosity conflict. This study provides insight into the experiences of LGBTQ individuals who also have a religious affiliation and may be struggling with conflicting identities. The model developed in this study can be used as a framework for understanding and supporting individuals going

through this process.