

Moderasi Dukungan Sosial pada Hubungan Cumulative Lifetime Adversity dengan Psychological Distress = Moderation of Social Support on the Relationship of Cumulative Lifetime Adversity and Psychological Distress

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Abstrak

Adversity ditemukan memiliki pengaruh terhadap peningkatan psychological distress. Meskipun sebagian penelitian telah menunjukkan hubungan linear positif, sebagian penelitian lainnya menunjukkan pola hubungan yang berbeda, yakni dalam bentuk kurva kuadratik (U terbalik). Artinya, hubungan kedua variabel belum konsisten. Penelitian ini menambahkan dukungan sosial sebagai moderator untuk melihat pola hubungan cumulative lifetime adversity dan psychological distress. Penelitian ini menguji hubungan cumulative lifetime adversity dan psychological distress pada 145 orang dewasa di Indonesia. Melalui penelitian ini, penulis juga menguji peran dukungan sosial sebagai moderator pada hubungan cumulative lifetime adversity dan psychological distress. Penelitian menggunakan metode bootstrapping dalam analisis moderasi. Hasil penelitian ini menunjukkan bahwa cumulative lifetime adversity memiliki hubungan positif dengan psychological distress dan dukungan sosial tidak memoderasi hubungan cumulative lifetime adversity dengan psychological distress.

.....Adversity was found to have an effect on increasing psychological distress. Although some studies have shown a positive linear relationship, some other studies have shown a different relationship pattern, namely in the form of a quadratic curve (inverted U). That is, the relationship between the two variables is not consistent. This research adds social support as a moderator to look at the cumulative relationship pattern of lifelong misery and psychological distress. This study examines the cumulative relationship to lifelong adversity and psychological distress in 145 adults in Indonesia. Through this research, the authors also examine the role of social support as a moderator on the cumulative relationship of lifelong adversity and psychological distress. Research using bootstrapping method in moderation analysis. The results of this study indicate that cumulative lifetime adversity has a positive relationship with psychological stress and social support does not moderate the relationship of cumulative life adversity with psychological distress.