

Analisis praktik residensi spesialis keperawatan medikal bedah pada pasien kanker payudara metastasis paru, hati dan tulang melalui pendekatan Teori Peaceful end of Life di Rumah Sakit Umum Pusat Kanker Dharmais Jakarta = Analysis of medical surgical nursing specialist residency practice in breast cancer patients with Lung, Liver and Bone Metastases through the Peaceful End of Life Theory approach at Dharmais Cancer Center General Hospital, Jakarta

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Abstrak

Praktik residensi spesialis Keperawatan Medikal Bedah peminatan Onkologi berfokus pengaplikasian perawat dalam pemberi asuhan keperawatan, pendidik, dan peneliti. Peran sebagai pemberian asuhan keperawatan dilaksanakan dengan melakukan pengelolaan 30 pasien keganasan kanker dan satu kasus yang dijadikan kasus kelolaan pasien yang terdiagnosa kanker payudara metastase paru, hati dan tulang menggunakan pendekatan teori Peacefull End Of Life (PEOL). Pelaksanaan penerapan intervensi keparawatan berbasis bukti ilmiah merupakan perawat sebagai peneliti dalam bentuk penerapan Progresif Muscle Relaxation (PMR) terhadap penurunan kecemasan dan nyeri pasca pembedahan abdomen. peran perawat sebagai pendidik dilaksanakan dalam bentuk implementasi penggunaan aplikasi J-Hati (jalan sehat berenergi) dengan memberikan latihan fisik walking exercise berbasis android kepada pasien kanker dengan masalah fatigue. Seluruh rangkaian kegiatan praktek residensi ini mempunyai tujuan untuk meningkatkan kualitas dan profesionalitas keperawatan secara komprehensif.

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Medical Surgical Nursing specialist residency practice with a specialization in Oncology focuses on the application of nurses in nursing care providers, educators, and researchers. The role as the provision of nursing care is carried out by managing 30 patients with cancer malignancy and one case which is used as a managed case for a patient diagnosed with metastatic breast cancer of the lung, liver and bone using the theoretical approach by Peaceful End Of Life (PEOL). The implementation of the application of scientific evidence-based nursing interventions is a nurse as a researcher in the form of Progressive Muscle Relaxation (PMR) application to reduce anxiety and pain after abdominal surgery. The role of nurses as educators is carried out in the form of implementing the use of the J-Hati application (healthy energy walking) by providing physical training of Android-based walking exercise to cancer patients with fatigue problems. The entire series of residency practice activities has the goal of comprehensively improving the quality and professionalism of nursing.