

# Kepuasan Hubungan sebagai Moderator Hubungan Trait Kepribadian dan Cyber Affair Pada Dewasa Muda Berpacaran = Relationship Satisfaction as a Moderator in The Relationship between Personality Trait and Cyber Affair in Young Adults' Romantic Relationship

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## Abstrak

Perselingkuhan melalui kontak virtual (cyber affair) dipengaruhi oleh berbagai faktor, diantaranya trait kepribadian extraversion, agreeableness, dan conscientiousness, dan kepuasan hubungan yang rendah. Trait kepribadian, kepuasan hubungan, dan cyber affair juga berkorelasi satu sama lain. Kepuasan hubungan sudah pernah dijadikan moderator dalam penelitian trait kepribadian. Penelitian ini bertujuan untuk mengetahui peran kepuasan hubungan sebagai moderator terhadap hubungan antara trait kepribadian dan cyber affair pada individu berpacaran usia dewasa muda. Terdapat tiga alat ukur yang digunakan yaitu Social Media Infidelity-Related Behavior (SMIRB) oleh McDaniel et al. (2017) diadaptasi tim peneliti, IPIP-BFM-25 dimensi extraversion, agreeableness, conscientiousness (Akhtar & Azwar, 2018), dan Relationship Assessment Scale (RAS) adaptasi Vivian (2020). Teknik sampling yang digunakan adalah convenience sampling dengan partisipan sebanyak 734 orang. Analisis statistik yang dilakukan meliputi statistika deskriptif, korelasi, kovariat, dan moderasi guna menjawab pertanyaan penelitian. Hasilnya, trait kepribadian conscientiousness memiliki hubungan negatif yang signifikan dengan cyber affair. Analisis moderasi menunjukkan tidak ada efek moderasi kepuasan hubungan pada hubungan antara trait kepribadian dan cyber affair.

.....Infidelity through virtual contact (cyber affair) is influenced by various factors, including extraversion, agreeableness, and conscientiousness personality trait, and low relationship satisfaction. Personality traits, relationship satisfaction, and cyber affair are also correlated. Relationship satisfaction has been used as a moderator in personality trait research. This study aims to determine the role of relationship satisfaction as a moderator of the relationship between personality traits and cyber affair in young adult dating individuals. There are three measurements used in this study, namely Social Media Infidelity-Related Behavior (SMIRB) by McDaniel et al. (2017) adapted by the research team, IPIP-BFM-25 dimensions of extraversion, agreeableness, conscientiousness (Akhtar & Azwar, 2018), and Vivian's adaptation of Relationship Assessment Scale (RAS, 2020). The sampling technique used was convenience sampling, with 734 participants obtained. Statistical analysis includes descriptive statistics, correlations, covariates, and moderation to answer the research questions. As a result, the conscientiousness personality trait has a significant negative correlation with cyber affair. Moderation analysis indicates no moderating effect of relationship satisfaction on the relationship between personality traits and cyber affair.