

## Hubungan karakteristik dengan tingkat keterampilan kader dalam penimbangan balita di Kelurahan Penjaringan Jakarta Utara, tahun 1994

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### Abstrak

Sejak tahun 1984 Pemerintah, dalam rangka mewujudkan 'Kesehatan Bagi Semua pada Tahun 2.000' dikembangkan suatu pendekatan yang disebut Keterpaduan KB-KES. Pendekatan ini di dasarkan pada keterpaduan lima program prioritas yakni 1) program KIA, 2) KB, 3) Gizi, 4) Imunisasi dan 5) Penanggulangan Diare. Keterpaduan ini sudah dilaksanakan secara luas dan merupakan kegiatan yang dikenal sebagai Posyandu (Pos Pelayanan Terpadu).

Hampir disetiap tempat, pelaksanaan Posyandu tidak berjalan sebagaimana diharapkan. Hal ini disebabkan karena hambatan-hambatan yang bila tidak segera diatasi dapat mengakibatkan tujuan kegiatan tidak tercapai.

Di Kelurahan Penjaringan, khususnya daerah binaan ATMA JAYA, pelaksanaan program secara umum dapat dikatakan cukup lancar, meskipun masih ada hambatan yang dirasakan. Beberapa hambatan yang dirasakan antara lain kehadiran Kader, pencatatan dan pelaporan, ketidakhadiran ibu Balita serta rendahnya tingkat keterampilan Kader dalam penimbangan Balita di Posyandu.

Tujuan penelitian ini adalah untuk mempelajari hubungan karakteristik dengan tingkat keterampilan Kader dalam penimbangan Balita di Posyandu.

Penelitian ini merupakan penelitian deskriptif dan analitik dengan pengumpulan data melalui wawancara dan observasi untuk memperoleh data primer, sedang data sekunder diperoleh melalui hasil pencatatan dan pelaporan pada setiap Posyandu.

Hasil penelitian ditemukan ada hubungan antara motivasi dengan tingkat keterampilan Kader dalam penimbangan Balita dan secara bersama-sama umur, tingkat pengetahuan dan motivasi berhubungan dengan tingkat keterampilan Kader dalam penimbangan Balita.

Untuk meningkatkan tingkat keterampilan Kader dalam penimbangan Balita pada Posyandu di Kelurahan Penjaringan Jakarta Utara, disarankan agar dalam pemilihan Kader diperhatikan umur, tingkat pengetahuan mengenai Posyandu, penyusunan suatu standar dan prosedur yang baku dan pengawasan yang ketat serta peningkatan motivasi melalui pemberian penghargaan bagi Kader dan yang berprestasi, bimbingan dan pembinaan Kader demi kelangsungan Posyandu seperti pelatihan dari petugas kesehatan.

Since In 1984, government, to realize her aim " Health for All by the Year 2000 ' has developed a comprehensive approach known as Family Planning and Health. This approach is based on the comprehensiveness of five main programs, they are 1) Mother and Child Health Care program, 2) Family

Planning, 3) Nutrition, 4) Immunization and 5) Overcoming the problem of diarrhea. This comprehensiveness has been executed extensively and known as Posyandu (Pops pelayanan terpadu=Integrated service post).

Almost everywhere, the execution of Posyandu does not work out satisfactorily. Just because of some hindrances which, if aren't solved immediately, can cause failure.

In Penjaringan sub-district, especially in the areas under Atmajaya's supervision, the program generally runs well, although some shortcomings still .can be detected. The shortcomings among others are the absence of the cadre, the recording, the reporting, the absence of the mothers of some under five years old and the low level of competence of the cadre in weighing under five years old at Penjaringan.

The aim this observation is to study the characteristics correlation in the competence of the cadre to weigh under five years old at Posyandu.

This is a descriptive and analytical observation based on data compiling through interviews and observation to obtain primary data, whereas secondary data are taken from the result of the recording and reporting of each Posyandu.

The result of the observation finds out that there is a correlation between motivation and the level of competence of cadre in weighing under five years old, the level of knowledge, age and the motivation all together correlation with the level of competence Of cadre in weighing under five years old.

To Increase cadre's level of competence In weighing under five year old at Posyandu in Penjaringan subdistrict, North Jakarta, it is suggested that in selecting cadre, age as well as knowledge about Posyandu should be taken into consideration. Fixed standardization and procedure should be made, intensive supervision should be done together with effort to increase motivation by giving awards to cadre with satisfying achievement. For the progress of Posyandu, trainings for cadre should also be executed such as training for health attendants.</i>