

# Peran mediasi kepuasan pernikahan terhadap hubungan antara perceived fairness dan komitmen pernikahan pada individu menikah di Indonesia = The mediating role of marital satisfaction in the relationship between perceived fairness and marital commitment

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## Abstrak

Anak merupakan karunia bagi pasangan menikah, namun tidak jarang anak juga membawa beban bagi keluarga. Faktanya, kepuasan pernikahan cenderung menurun ketika pasangan memiliki anak. Kepuasan pernikahan yang menurun dapat kemudian menurunkan komitmen pernikahan, sehingga membuat pernikahan rentan terhadap perceraian. Pembagian peran dalam mengurus rumah tangga dan mengasuh anak kerap menjadi bahan perdebatan, terutama pada keluarga dual-earner. Pembagian peran yang tidak dipersepsikan adil dapat menurunkan kepuasan pernikahan. Perceived fairness diperlukan guna menjaga kualitas pernikahan dan mempertahankan pernikahan dalam jangka panjang. Penelitian ini meneliti peran mediasi kepuasan pernikahan dalam hubungan perceived fairness dengan komitmen pernikahan. Komitmen pernikahan diukur menggunakan Tripartite Theory of Commitment yang membagi komitmen menjadi komitmen personal, moral, dan struktural. Sementara kepuasan pernikahan diukur menggunakan Quality of Marital Index dan perceived fairness diukur menggunakan Perceived Fairness Scale. Penelitian ini melibatkan 168 partisipan dengan karakteristik individu yang sedang dalam pernikahan pertama, memiliki anak, dan tinggal satu atap dengan pasangan dan anaknya. Data diperoleh melalui convenience sampling dengan cara menyebarkan poster penelitian melalui media sosial. Hasil menunjukkan bahwa kepuasan pernikahan terbukti memediasi hubungan antara perceived fairness dengan komitmen pernikahan personal dan perceived fairness dengan komitmen pernikahan moral. Disisi lain, kepuasan pernikahan gagal memediasi perceived fairness dengan komitmen pernikahan struktural.

.....Children are a gift for married couples, but not infrequently children also carry a burden for the family. In fact, marital satisfaction tends to decrease when couples have children. Decreased marital satisfaction can lead to decrease in marital commitment, thus making marriages more vulnerable to divorce. The division of roles in household chores and child rearing is often a matter of debate, especially in dual-earner families. The division of roles that are not perceived as fair can reduce marital satisfaction. Perceived fairness is needed to maintain the quality of marriage and maintain commitment of marriage in the long term. This study examines the mediating role of marital satisfaction in the relationship between perceived fairness and marital commitment. Marital commitment is measured using The Tripartite Theory of Commitment which divides commitment into personal, moral, and structural commitments. Meanwhile, marital satisfaction was measured using the Quality of Marital Index and perceived fairness was measured using the Perceived Fairness Scale. This study involved 168 participants with individual characteristics who are in their first marriage, have child/children, and live under the same roof with their spouse and children. Data were obtained through convenience sampling by distributing research posters through social media. The results show that marital satisfaction is proven to mediate the relationship between perceived fairness with personal marital commitment and perceived fairness with moral marital commitment. On the other hand, marital satisfaction failed to mediate perceived fairness with structural marital commitment.