

Peran Kepuasan Perkawinan sebagai Mediator antara Perilaku Memelihara Hubungan terhadap Kepuasan Perkawinan pada Individu yang Sudah Menikah = The Role of Marital Satisfaction as a Mediator Between Relationship Maintenance Behavior towards Marital Satisfaction in Married Individuals

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Abstrak

Komitmen perkawinan berperan untuk menjaga keutuhan dari suatu perkawinan, yang dipengaruhi oleh beberapa faktor seperti perilaku memelihara hubungan dan juga kepuasan perkawinan. Penelitian ini meneliti peran kepuasan perkawinan sebagai mediator antara perilaku memelihara hubungan terhadap komitmen perkawinan. Partisipan pada penelitian ini merupakan WNI yang sudah menikah pada pernikahan pertama, yang terdiri dari 121 perempuan dan 96 laki-laki dengan rata-rata usia 43 tahun. Partisipan diperoleh dengan menyebarkan kuesioner secara daring melalui media sosial seperti WhatsApp, Instagram, LINE, dan Twitter. Hasil analisis mediasi menggunakan PROCESS dari Hayes (2022) menunjukkan bahwa kepuasan perkawinan memediasi hubungan antara perilaku memelihara hubungan terhadap komitmen personal, memediasi hubungan antara perilaku memelihara hubungan terhadap komitmen moral, dan tidak memediasi hubungan antara perilaku memelihara hubungan terhadap komitmen struktural.

.....Marital commitment plays a role in maintaining the integrity of a marriage, which is influenced by several factors such as relationship maintenance behavior and marital satisfaction. This study examines the role of marital satisfaction as a mediator between relationship maintenance behavior and marital commitment. Participants in this study were Indonesian citizens who were married in their first marriage, consisting of 121 women and 96 men with an average age of 43 years. Participants were obtained by distributing online questionnaires through social media such as WhatsApp, Instagram, LINE, and Twitter. The results of the mediation analysis using PROCESS from Hayes (2022) show that marital satisfaction mediates the relationship between relationship maintenance behavior and personal commitment, mediates the relationship between relationship maintenance behavior and moral commitment, and does not mediate the relationship between relationship maintenance behavior and structural commitment.