

# Peran Self-Regulated Learning Terhadap Academic Resilience Siswa Sekolah Khusus Olahragawan (SKO) Ragunan DKI Jakarta Pada Masa Pandemi = The Role of Self-Regulated Learning on Academic Resilience in Students Athletes at Special School of Sports Ragunan DKI Jakarta in Pandemic Era

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## Abstrak

Penelitian ini bertujuan untuk melihat peran Self-Regulated Learning terhadap Academic Resilience siswa Sekolah Khusus Olahragawan (SKO) Ragunan DKI Jakarta dengan maksimal usia partisipan adalah 18 tahun dengan 96 partisipan. Instrumen yang digunakan dalam penelitian ini adalah Academic Self-Regulated Learning Scale (A-SRL-S) dan Academic Resilience Scale (A-RS) dan. Hasil analisis regresi linier pada penelitian ini menunjukkan bahwa Self-Regulated Learning ( $F = 29.1$ ,  $p < .05$ ) dapat secara signifikan memprediksikan Academic Resilience dengan  $R^2 = .237$ , yang artinya 23% varians skor Academic Resilience dapat dijelaskan oleh Self-Regulated Learning. Hasil penelitian ini memperkuat bukti penelitian yang menggambarkan adanya peranan yang signifikan pada Self-Regulated Learning dalam memprediksikan kemampuan Academic Resilience siswa SKO.

.....This study aims to investigate the role of Self-Regulated Learning in predicting Academic Resilience of Students Athletes at Special School of Sports Ragunan DKI Jakarta in Pandemic Era. The participants of this study were 96 students of SKO Ragunan DKI Jakarta with maximum age of 18 years. The research instrument used is the Academic Self-Regulated Learning Scale (A-SRL-S) dan Academic Resilience Scale (A-RS). The results of linear regression analysis show that Self-Regulated Learning ( $F = 29.1$ ,  $p < .05$ ) can predict Academic Resilience with  $R^2 = .237$ , which means that 23% of the varians Academic Resilience scores can be explained by Self-Regulated Learning. The results of this study can clarify the direction of the relationship between Self-Regulated Learning and Academic Resilience in student athletes at SKO Ragunan DKI Jakarta in pandemic era