

Pengaruh Psychological Maltreatment terhadap Gagasan Bunuh Diri Mahasiswa = The Effects of Psychological Maltreatment on Suicide Ideation in College Students

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Abstrak

Penelitian ini dilakukan untuk mengetahui adanya pengaruh dari psychological maltreatment yang terdiri dari psychological abuse dan neglect terhadap gagasan bunuh diri pada mahasiswa. Partisipan penelitian ini adalah 183 mahasiswa di Indonesia yang berusia 18-25 tahun. Psychological abuse dan neglect diukur dengan alat ukur Computer Assisted Maltreatment Inventory yang diadaptasi ke bahasa Indonesia. Gagasan bunuh diri diukur dengan alat ukur Suicide Ideation Scale yang diadaptasi ke bahasa Indonesia. Hasil penelitian menggunakan analisis multiple regression menunjukkan bahwa psychological abuse memiliki pengaruh yang signifikan terhadap gagasan bunuh ($R^2=0,311$; $p<0,05$) sedangkan neglect tidak berpengaruh secara signifikan terhadap gagasan bunuh diri ($R^2=0,004$; $p>0,05$). Dapat disimpulkan bahwa, hanya psychological abuse yang berpengaruh terhadap gagasan bunuh diri mahasiswa.

.....This study is aimed to examine the role of psychological abuse and neglect on suicide ideation in college students. The subject of this study were 183 college students in Indonesia with the age ranging from 18- 25 years old. The instrument used to measure psychological abuse and neglect is the Computer Assited Maltreatment Inventory (CAMI) that was translated into bahasa. Suicide ideation were measured using Suicide Ideation Scale (SIS) that was translated into bahasa. The result of this study was obtained by using multiple regression method. The result of multiple regression showed psychological abuse has significant effects on suicide ideation ($R^2=0,311$; $p<0,05$), however neglect shows no significant effects on suicide ideation ($R^2=0,004$; $p>0,05$). In conclusion, only psychological abuse that has effects on suicide ideation.