

# Kepatuhan perilaku cuci tangan perawat pada masa pandemi COVID-19 di RSUD Dokter Agoesdjam Ketapang = Hand washing behavior compliance of nurses during the COVID-19 pandemic at Dr Agoesdjam Ketapang Hospital

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## Abstrak

Perilaku cuci tangan tenaga kesehatan secara signifikan dapat menurunkan infeksi terkait perawatan kesehatan (healthcare-acquired infections/HAIs) termasuk COVID-19, merupakan langkah yang efektif, lebih mudah dan lebih murah, namun banyak faktor yang mempengaruhinya sehingga kepatuhan cuci tangan tenaga kesehatan terutama perawat pada masa pandemi COVID-19 masih cukup rendah. Tujuan penelitian ini adalah untuk menganalisis faktor determinan apa saja yang mempengaruhi kepatuhan perilaku cuci tangan perawat pada masa pandemi COVID-19 di RSUD dr Agoesdjam Ketapang. Desain penelitian ini adalah cross sectional dengan pendekatan kualitatif. Teknik sampling berupa total sampling dengan jumlah responden sebanyak 103 orang. Instrumen pengumpulan data primer berupa kuesioner yang disebar dengan aplikasi google-form, dan data sekunder berupa hasil observasi IPCLN. Analisis data menggunakan Chi-square test. Hasil analisis mendapatkan perawat yang patuh cuci tangan sebanyak 71,8%, sedangkan hasil observasi IPCLN 83,1% (kepatuhan sedang). Terdapat hubungan antara fasilitas kebersihan tangan (faktor pemungkin), kebijakan RS, dukungan kepala ruang, supervisor dan rekan kerja (faktor penguat), dan kepatuhan perilaku cuci tangan perawat ( $p < 0,000$ ). Tidak ada hubungan antara karakteristik perawat, pengetahuan serta akses informasi (faktor predisposisi) dan kepatuhan perilaku cuci tangan perawat di RSUD dr Agoesdjam Ketapang. Strategi promosi kesehatan yang tepat diperlukan untuk meningkatkan kepatuhan perilaku cuci tangan perawat.

.....Health care handwashing behavior can significantly reduce health care-related infections (HAIs) including Covid-19. It is an effective, easier and cheaper step, but many factors affect it so that the compliance of hand washing health workers during the Covid-19 pandemic is still quite low. The purpose of this study is to analyse what determinants factor that affect hand washing behavior compliance of nurses during the COVID-19 pandemic at dr Agoesdjam Ketapang Hospital. The study uses cross sectional design with a qualitative approach. The sampling technique used is total sampling with the number of respondents 103 people. The research instrument used is a questionnaire using google-form and IPCLN observation results. Data analysis using Chi-square test. The results of the analysis were obtained that nurses who obediently washed their hands are 71.8%, with IPCLN observation results of 83.1% (moderate compliance). There is a relationship between hand hygiene facility (the enabling factor) and hospital policy, room head support, supervisors and co-workers (the reinforcing factors) and nurse's handwashing behavior compliance ( $p < 0,000$ ). There is no relationship between nurse characteristics, knowledge and access to information (the predisposing factors) and nurse's handwashing behavior compliance at dr Agoesdjam Ketapang Hospital. Proper health promotion strategies are needed to improve compliance with nurses' handwashing behaviors.